



## Heads Up, Ho Down

Choreographed by Suzanne Wilson

**Description:** 32 count, 4 wall, beginner/intermediate west coast swing line dance

**Music:** **Ho Down** by Brady Seals [CD: Play Time / Available on iTunes]  
**Beer On The Table** by Josh Thompson [CD: CD Single / Available on iTunes]  
Start dance on vocals

### **WALK FORWARD, DOUBLE KICK, WALK BACK, COASTER STEP**

1-2 Step right forward, step left forward  
3-4 Kick right forward, kick right forward  
5-6 Step right back, step left back  
7&8 Step right back, step left together, step right forward

### **WALK FORWARD, DOUBLE KICK, WALK BACK, COASTER STEP**

1-2 Step left forward, step right forward  
3-4 Kick left forward, kick left forward  
5-6 Step left back, step right back  
7&8 Step left back, step right together, step left forward

### **STEP OUT, STEP OUT, ROLL HIPS, ½ TURNS**

&1-2 Step right to side, step left to side, hold  
3-4 Roll hips around to the left) (weight to left)  
5-6 Step right forward, turn ½ left (weight to left)  
7-8 Step right forward, turn ½ left (weight to left)

*Hip roll alternative: stomp right in place, stomp left in place*

### **TRIPLE STEP FORWARD TWICE, ½ TURN, ¼ TURN**

1&2 Chassé forward right, left, right  
3&4 Chassé forward left, right, left  
5-6 Step right forward, turn ½ left (weight to left)  
7-8 Step right forward, turn ¼ left (weight to left)

### **REPEAT**

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